

## Breakfast Menus

Coffee and Tea is available from 7:00 AM on terrace

Orange Juice served with all Breakfasts

1) Tropical Fruit, Scrambled Eggs with Bacon Toast, Butter, Jam	5) Tropical Fruit, Waffles with Syrup
2) Tropical Fruit, Banana Pancakes with Syrup	6) Tropical Fruit, Vegetarian Omelette, Johnny Cakes, Butter, Jam
3) Tropical Fruit, Cheese Omelette, Johnny Cakes, Butter, Jam	7) Tropical Fruit, Ackee and Saltfish breakfast Toast, Butter, Jam
4) Tropical Fruit, Plain Pancakes with Bacon	

## Lunch Menus

1) Lobster or Vegetarian Quiche Garden Salad Banana Bread	7) Tuna Salad Sandwich Mixed Greens
2) Chicken Wraps Breadfruit Salad	8) Pasta salad with vegetables or beef Cookies
3) Hamburgers, Cheese Homemade French Fried Potatoes	9) Grilled Cheese sandwich Potato or Banana Chips
4) Grilled Fish of the day Potato salad Bread	10) BBQ or Fried Chicken Coleslaw Banana or Cornbread
5) Hot Dogs Homemade French Fried Potatoes.	11) Peanut Butter and Jelly Sandwiches Ice cream
6) Beef Tacos with Beans Garden Salad	12) Spaghetti with Meatballs Garden Salad
	13)(Picnic Lunch) Assorted Sandwiches, Potato or Banana Chips

## Dinner Menus

<p>1) Jamaican Dinner #1 Pumpkin Soup, Jamaican Jerk Chicken or Jerk Pork with Gravy Rice and Peas and Broad Beans, Pineapple Upside Down Cake, Tea, Coffee.</p>	<p>7) Italian Dinner #1 Caprice Salad (greens, basil, tomato, Buffalo mozzarella cheese) Homemade Garlic Bread, Meat Lasagne, Mixed Vegetables, Homemade Fruit Sorbet, Tea, Coffee</p>
<p>2) Jamaican Dinner #2: Fish Tea Soup Curried Goat with Rice and Peas Steamed Fresh Green Beans Coconut Cream pie, Tea, Coffee.</p>	<p>8) Italian Dinner #2 Tomato Soup, Homemade Garlic Bread, Pasta with Shrimps in Alfredo sauce, Trifle Cake, Tea, Coffee</p>
<p>3) Chinese Dinner: Egg Drop Soup, Spring Rolls, Sweet and Sour Chicken or Pork, Chinese Fried Rice, Banana Flambe with Ice Cream, Tea, Coffee.</p>	<p>9) Garden Salad, Chicken Fricassee with mashed potatoes, Steamed Carrots and Cho- Cho Banana pie, Tea, Coffee</p>
<p>4) Vegetable Soup, Roasted Pork Loin with Gravy, Scalloped Potatoes, Seasonal Vegetables, Chocolate Cake, Tea, Coffee</p>	<p>10) Pumpkin Soup with dinner rolls, Fish Escovitch, Seasoned Rice, Creamy Cauliflower, Key Lime Pie, Tea, Coffee</p>
<p>5) New England Fish Chowder, Beef Tenderloin, mashed potatoes, Seasonal vegetables, Lemon Meringue Pie, Tea, Coffee</p>	<p>11) Garden Salad with Feta Cheese, Shrimps in White Sauce served over Rice, Market Vegetables, Carrot Cake, Tea, Coffee</p>
<p>6) Cold Gazpacho, or Tomato Soup Roasted Lamb with gravy, Mashed Potatoes or Sweet Potato Casserole Seasonal Vegetables, Caramel Custard, Tea, Coffee</p>	<p>12) Corn Chowder, Fried Ribs with home fries, Seasonal Vegetable, Coconut cake, Tea, Coffee</p>

Other possible dinner Entrees: Chicken Kiev, Oxtail, Stuffed Fish.